

PENNYRILE PHYSICAL THERAPY

101 FORBES DRIVE
HOPKINSVILLE, KY 42240
TELE: 270-889-9996, FAX: 270-889-9993

FLOWSHEET

Patient: POLLOCK, RICK

Date: 12/29/2021

Start Date: 11/30/2021

Physician: T. S. CURRY, MD (1073711388)

Diagnosis: ICD10: Z96.652: Presence of left artificial knee joint

Location: gym

2021-12-29

Exercise	Weights/Sets/Reps	Minutes	SPO2	RR	HR	Surface	Procedure	Supervision
RECUMBENT BIKE WITH COMPLETE HIP RELEASE	5.0	15					Therapeutic Exercise	1:1 w/Assistant PM
BIL. LOWER EXTREMITIES EXS. IN PARALLEL BARS WITH DYNAMIC ACTIVITIES.		15					Therapeutic Exercise	1:1 w/Assistant PM
TREADMILL/FOCUS HEEL-TOE GAIT.	1.0	15					Therapeutic Exercise	1:1 w/Assistant PM
HEP LT. KNEE, HIP AND CALF MUSCLES STRETCHING, ROM AND STRENGTHENING EXS.		10					Therapeutic Exercise	1:1 w/Assistant PM

Sum of minutes: 55

Total Minutes by Procedure
Therapeutic Exercise: 55